

Biographical Sketch - 2008

Carlos Abaira, M.D.

V.A. Medical Center
Research Service (151), Room 2A103
1201 N.W. 16th Street
Miami, FL 33125

Tel (305) 575-3585
Fax (305) 575-3315
E-mail: cabaira@med.miami.edu

Current Positions

- National Co-Chairman, VA Diabetes Trial (VADT), Cooperative Study Program (CSP) #465, 1999-2009
- Responsible Investigator, VADT Fundus Photographs Study, 2001-2008
- National Co-Chairman, VADT - Follow-Up Observational Study (approved Dec. 2007), 2009-12 (renewable to 2017)
- Professor of Medicine, University of Miami Miller School of Medicine- VAMC, 2001-present

Education, Academic and Professional experience

- M.D. 1962 University of Buenos Aires Medical School, Buenos Aires, Argentina
- 1962-1963 Medical Internship, University of Buenos Aires Institute for Medical Research (selected by competition)
- 1963-1964 Mixed Medical Internship, Mercy Hospital, Chicago
- 1964-1966 Medical Residency, Mount Sinai Hospital, Chicago, IL
- 1966-1967 Research Fellowship (Medicine). Northwestern U., Evanston Hospital, IL
- 1967-1969 Fellowship, Metabolism and Endocrinology. Michael Reese Hospital, IL
- 1969-1970 Attending physician, Michael Reese Hospital, Chicago, IL
- 1970-1972 Assistant Chief; 1972-1999 Chief, Endocrinology Section, Hines VA Hospital, IL
- 1989-1996 Chairman, VA Cooperative Studies in Diabetes Mellitus, Feasibility Trial (VACSDM)
- 1978-1984 Associate Professor of Medicine, U. of Illinois A. Lincoln School of Medicine; 1984-1986, Loyola U. of Chicago Medical School
- 1986-2001 Professor of Medicine, Loyola U. of Chicago Medical School

Current Research Funding

VA Research Service, Cooperative Studies Program: 1999-2009, VADT, CSP #465
American Diabetes Association: special research award, 2000-2008; National Eye Institute: contract award, 2001-2008, Glaxo-SmithKline, 2000-2008; Novo-Nordisk, 2000-2008; Aventis, 2000-2008, VADT, CSP #465

Honors/Awards

President, American Diabetes Association, N. Illinois Affiliate, 1989-1991, Honorary Board of Directors, 1993 (Lifetime)
43rd Woodyatt Memorial Lecturer, Am. Diab. Assoc./ Northwestern U., 1999
Invited Lecturer/speaker: Am. Diabetes Assoc. Consensus Conference on treatment of type 2 Diabetes, Philadelphia 1995; Steno International Symposium, Denmark, 1996; American College of Nutrition, New York, 1997; National Heart, Blood and Lung Institute Panel, Bethesda, 1997; International Congress of Internal Medicine, Buenos Aires, 1998; VA National Diabetes Symposium, Alexandria, VA, 2001; International Workshop on insulin and cardiovascular disease, U. of Verona, Italy, 2001; Am. Diabetes Assoc. satellite symposium on Major Clinical Trials, Washington, 2006; International Workshop in Glucose lowering and Cardiovascular disease, Paris, France, 2006; Am. Diabetes Assoc. Cardiovascular Outcomes of the VADT, San Francisco, 2008.
Member, Study Group, NIH Diabetes and Kidney Disease Inst., 1993; NIH Heart and Lung Institute, 1997, 2002, 2003; CDC, 2005

Selected Publications

- Abraira C, Derler J: Large variations of sucrose in constant carbohydrate diets in Type II diabetes. *Amer J Med*, 84: 193-200, 1988.
- Abraira C, Emanuele N, Colwell J, Henderson W, Comstock J, Levin S, Nuttall F, Sawin C, and the VA Cooperative Study Group (CSDM): Glycemic control and complications in type II diabetes: Design of a feasibility trial. *Diabetes Care*, 15: 1560-71, 1992.
- Abraira C, Colwell J, Nuttall FQ, et al and the VA CSDM group: Veterans Affairs Cooperative Study on glycemic control and complications in type II diabetes (VA CSDM); Results of the feasibility trial. *Diabetes Care*, 18: 1113-1123, 1995. (Also abstracted in Year Book of Endocrinology, Mosby Eds., 1996; and Year Book of Geriatrics, Mosby Eds., 1997.)
- Emanuele N, Klein R, Abraira C, Colwell J, Comstock J, Levin S, Nuttall F, Sawin C, Silbert C, Lee, HS, Johnson N: Evaluations of retinopathy in the VA Cooperative Study on glycemic control and complications in type II diabetes (VACSDM), A feasibility study. *Diabetes Care*, 19: 1375-81, 1996.
- Abraira C, Colwell J, Nuttall F, Sawin CT, Henderson W, Comstock J, Emanuele N, Levin SR, Pacold I, Lee HS, VA CSDM Group. Cardiovascular events and correlates in the VA Feasibility Trial (VA CSDM). *Archives of Internal Medicine*, 157: 181-188, 1997.
- Abraira C, Henderson W, Colwell J, Nuttall FQ, Comstock JP, Emanuele NV, Levin SR, Sawin CJ, Silbert CK: Response to intensive therapy steps and to glipizide dose in combination with insulin in type 2 diabetes. *Diabetes Care*, 21: 574-79, 1998.
- Emanuele N, Azad N, Abraira C, Henderson W, Colwell J, Levin S, Nuttall FQ, Comstock J, Sawin C, Silbert C, and the VA CSDM Group: The effect of intensive Glycemic control on fibrinogen, lipids, and lipoproteins in the VA Cooperative Study in type 2 diabetes (VA CSDM). *Arch Int Med*, 58: 2485-90, 1998.
- Abraira C, McGuire D: Intensive Insulin therapy in patients with type 2 diabetes. Implications of the Veterans Affairs feasibility trial. *American Heart Journal*, 138:S360-S365, 1999.
- Levin S, Coburn JW, Abraira C, Henderson WG, et al: The effect of intensive glycemic control on microalbuminuria in type 2 diabetes mellitus. *Diabetes Care*, 23:1478-1485, 2000.
- Duckworth W, McCarren M, Abraira C: The Department of Veterans Affairs Diabetes Trial. *Diabetes Care* 24:942-945, 2001.
- Abraira C, Duckworth W. The Need for Glycemic Trials in type 2 Diabetes (Featured article) *Clinical Diabetes*, 21: 107-111, 2003
- Abraira C, Duckworth W, McCarren M, Emanuele N, Arca D, Reda D, Anderson W, VADT participants, Design of the Cooperative Study on glycemic control and complications in Diabetes Mellitus type 2: the VADT. *Journal of Diabetes and its Complications*, 17: 314-322, 2003
- Emanuele N, Sacks G, Klein R, Duckworth W, Abraira C (corresponding author). Ethnicity, race and Basal Retinopathy Correlates in the Veterans Diabetes Trial. *Diabetes Care*, 28: 1954-1958, 2005.
- Pitale S, Kernan-Schroeder D, Emanuele N, Sawin CT, Sacks J, Abraira C (corresponding author), Health Related Quality of Life in the VA Feasibility Study on Glycemic Control and Complications in Type 2 Diabetes Mellitus. *Journal of Diabetes and its Complications* Vol 19: 207-211, 2005
- Kirkman MS, McCarren M, Shah J, Duckworth W, Abraira C, The association between metabolic control and prevalent cardiovascular disease in Diabetes 2. *J Diab Compl*, 20: 75-80, 2006
- Abraira C: The VA Diabetes Trial, Design and Update. In Alan J. Garber, Herztel C. Gerstein, Steven M. Haffner, MD and Carlos Abraira: What Impact Will Major Clinical Trials Have on Type 2 Diabetes? Satellite Symposium to ADA Meeting, Washington, DC, 2006. *Medscape-Diabetes and Endocrinology*, August 1, 2006. www.medscape.com/viewpoints/5528?rss (accessed October 23, 2006).
- Emanuele N, Klein R, Moritz T, Davis M, Glander K, Anderson R, Reda D, Duckworth W, Abraira C (corresponding author). Comparison of Dilated Fundus Examinations with 7-Field Stereo Photographs in the VA Diabetes Trial (accepted, *J Diab Compl*, 2008).
- Reaven P, Emanuele N, Moritz T, Klein R, Davis M, Glander K, Duckworth W, Abraira C. Proliferative Retinopathy is Strongly Related to Coronary Artery Calcium in the Veterans Affairs Diabetes Trial (VADT). (accepted, *Diabetes Care*, 2008).